

Where to Care

A Comprehensive
for Teens About

Resource of Information
Volunteering



Introduction

This guidebook was created to give you, teens on the Eastside, a comprehensive resource of information about volunteering in your community. We hope that this guidebook will get you on the right track to finding your ideal volunteer experience.

Why Volunteer?

Volunteering is a good thing. It takes time and you probably are required to complete a certain number of hours for school. But what can it do for you and why do you have to do it? Community Service is a great way to get work or career experience and exposure that you normally wouldn't get. Frequently volunteer work can be the key to getting your first paying job. Colleges are also looking for people who are involved with and care about their community. Believe it or not, volunteering will make you feel better. Helping people, animals, your community, or the environment will also build your self esteem and you will meet new people!

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How Do I Start?

The best way to ensure that you have a good community service experience is to find an organization that offers opportunities in an area that interests you. Make a list of things that you are willing and interested to do. This guide contains 10 areas of interest: Animals, Arts & Museums, Children & Families, Civic, Disabilities, Environment, Health, Older Adults, Poverty & Homelessness, Unique to Teens, and Violence Prevention. Information listed for each of the included organizations follow the same basic format:

- Organization Description – what they do, areas of interest/focus, mission statement, etc.
- Contact Information – title of person(s), address, phone number, fax, email, web site, business hours, and hours of operation.
- Volunteer Opportunities – positions available within the organization.
- Volunteer Requirements – minimum age, time commitment, and training provided/needed.

Be sure to read all of the information carefully to make sure it's something you want to and are qualified to do. The information included is intended to save you time by directing your efforts toward your interests and organizations that you are eligible for.

Once you have found a handful of opportunities that look interesting to you and that you are eligible for, make a list of questions you want to ask the contact person. These questions should help you determine what it is like to work for the organization and if it is a good fit for you. You may even want to do a site visit to take a look around before committing yourself. If you like what you see, make plans to start volunteering! On your first day, be sure to dress appropriately, arrive early, and be ready to work.

The **Where to Care Guide** is just the tip of the iceberg. There are thousands of other volunteer opportunities out there. Many organizations may have seasonal opportunities during the summer months or for special events only. If you don't find what you are looking for here, think about contacting businesses, organizations, companies, etc., that specialize in your interest area. Make contact to find out more about the company/organization and how you might be able to fit into their existing structure. If you are offering free help, they probably will be interested in hearing what you have to contribute! Be prepared to propose ways you can and are willing to help.

Best of luck to you and we hope that your volunteer experience is a good one!

Animals

Eager Eye Guide Pups

Eager Eye Guide Pups raise puppies, bred by Guide Dogs for the Blind, for 12-15 months in preparation for becoming guide dogs. Puppy raisers love pups, teach them basic obedience, and take them on outings to public places. The green coats they wear are their "press passes" allowing them into places other dogs can't go; this includes restaurants, grocery stores, movie theaters, and more.

Volunteer Opportunities: Volunteers are needed to raise and train puppies in their homes. After training, a puppy will live in the home for approximately one year.

Minimum Age: 9 with parent permission and assistance

Minimum commitment: Puppy training takes place every day for one year. Volunteers are also required to attend at least two meetings and one outing per month.

Contact: Sandy Bonsib
Site Address: 18327 SE 60th St. Issaquah, WA 98027
Phone: 425-644-7421
FAX: 425-644-1392
Email: sjbonsib@aol.com
Website: www.eagereyeguidepups.com

Business Hours: N/A

Homeward Pet

Homeward Pet animal shelter provides food, shelter, medical attention, and love to homeless adoptable cats and dogs until permanent homes are found.

Volunteer Opportunities: Volunteers are needed to help take care of homeless dogs and cats by cleaning cages, feeding, petting, exercising, and playing with the animals.

Minimum Age: 16

Minimum Commitment: 3 months

Contact: Volunteer Coordinator
Site Address: 18800 Woodinville-Snohomish Rd., Woodinville, WA 98072
Mailing Address: PO Box 2293, Woodinville, WA 98072
Phone: 425-488-4444 ex 407
FAX: 425-481-6867
Email: volunteers@homewardpet.org
Web: www.homewardpet.org

Business Hours: Wed-Fri, 3-7PM,
Sat-Sun, 12-6PM

Humane Society for Seattle/King County

The Humane Society for Seattle/King County is a private, non-profit agency dedicated to bringing people and pets together...friendship is forever. Life-saving work is made possible through the generosity of people who care.

Volunteer Opportunities: Volunteers are needed to assist with fundraising, socializing dogs, adoption support, foster care, education, pet food bank, and much more.

Minimum Age: 16 without parent. 13-15 year olds may qualify for Humane Teen Club (see website for details).

Minimum Commitment: Six months

Contact: Volunteer Services
Site Address: 13212 SE Eastgate Way
Bellevue, WA 98005
Phone: 425-649-7557
FAX: 425-747-2985
Email: volunteers@seattlehumane.org
Web: www.seattlehumane.org

Office Hours: Mon-Fri, 8AM-5PM
Shelter Hours: Mon, Weds-Fri, 12-7PM
Sat-Sun, 12-6PM

Kelsey Creek Community Farm Park

Kelsey Creek Community Farm Park is home to a variety of farm animals including, ponies, pigs, goats, and sheep. The farm features several children's recreational programs such as pony care classes and farm experience tours.

Volunteer Opportunities: There are two programs offered at Kelsey Creek Community Farm. One program works with the pony classes and the other program assists farm staff with daily operations, animal chore routine, and special projects.

Minimum Age: 12

Minimum Time Commitment: Varies

Other Notes: All volunteers must pre-register or call for an application.

Contact: Recreation Coordinator
Site Address: 13204 SE 8th Pl
 Bellevue, WA 98005
Mailing Address: PO Box 90012
 Bellevue, WA 98009
Phone: 425-452-7688
FAX: None
Email: pmyers@ci.bellevue.wa.us
Web: www.ci.bellevue.wa.us
Office Hours: Mon-Fri, 8AM-4:30PM
Farm Hours: Every day, 9:30AM-3:30PM

Seattle Aquarium

The Seattle Aquarium's mission is to inspire conservation of our marine environment.

Volunteer Opportunities: Volunteers are needed as interpreters to speak to guests about our exhibits, lead guided tours, lead activities for children, and assist with special events during the school year and summer.

Minimum Age: 16

Minimum Commitment: School Year – Two weekend days per month (9:30AM-5:15PM); Summer – Two half day shifts per week (9:30AM-1:45PM or 1-5:15PM).

Other Notes: Training in Marine Biology and public speaking is provided.

Contact: High School Volunteer Supervisor
Address: 1483 Alaskan Way
 Seattle, WA 98101
Phone: 206-386-4351
FAX: 206-386-4328
Office Hours: Sun-Thurs, 8:30AM-5:30PM
Aquarium Hours: Fall/Winter, Daily 10AM-5PM
 Spring, Daily 9:30AM-5PM
 Summer, Daily 8:30AM-7PM

Woodland Park Zoo

The Woodland Park Zoo saves animals and their habitats through conservation leadership and engaging experience inspiring people to learn, care, and act.

Volunteer Opportunities: Volunteers are needed to assist in the Family Farm Contact area, in the Zoomazium and in the zoo's teen development program, Zoo Corps.

Minimum Age: 14

Minimum Time Commitment: Varies

Other Notes: Each program has its own set of requirements and individual application procedures. Please visit the zoo's website to apply.

Contact: Volunteer Office
Address: 601 N 59th St
 Seattle, WA 98103
Phone: 206-684-4845
FAX: 206-233-2663
Email: kim.haas@zoo.org
Web: www.zoo.org
Business Hours: Open every day, even holidays
 March 15-April 30, 9:30AM-5PM
 May 1-Sept 14, 9:30AM-6PM
 Sept 15-Oct 14, 9:30AM-5PM
 Oct 15-March 14, 9:30AM-4PM

Arts & Museums

Eastside Heritage Center

The Eastside Heritage Center is the steward of Eastside history. The Center collects and preserves documents and artifacts and promotes public involvement in and appreciation of this heritage through educational programming and outreach.

Volunteer Opportunities: Volunteers are needed to assist with artifact processing, development of programs for schools and events, preparation of artifacts for exhibits, and miscellaneous tasks.

Minimum Age: 14

Minimum Commitment: 3-4 hours/week for 12 weeks

Contact: Executive Director
Site Address: 1660 Main St
 Bellevue, WA 98015
Mailing Address: PO Box 40535
 Bellevue, WA 98015
Phone: 425-450-1049
FAX: 425-450-1051
Email: director@eastsideheritagecenter.org
Web: www.eastsideheritagecenter.org

Office Hours: Mon-Fri, 10AM-4PM

KidsQuest Children's Museum

KidsQuest Children's Museum provides interactive exhibits and programs integrating art, science, technology, and daily experiences to inspire life-long learning in children and families.

Volunteer Opportunities: Volunteers are needed to assist with community events, leading hands-on activities with children and their families, birthday parties, workshops, and programs.

Minimum Age: 14

Minimum Commitment: None

Other Notes: Volunteers must complete an application, an interview, and orientation before volunteering.

Contact: Community Connections Manager
Site Address: 4091 Factoria Blvd SE
 Bellevue, WA 98006
Phone: 425-637-8100
FAX: 425-747-7178
Email: becca@kidsquestmuseum.org
Web: www.kidsquestmuseum.org

Business Hours: Tues-Thurs, 10AM-5PM
 Fri, 10AM-8PM
 Sat, 10AM-5PM
 Sun, 12-5PM

Pacific Science Center

The Pacific Science Center inspires a lifelong interest in science, math, and technology by engaging diverse communities through interactive and innovative exhibits and programs.

Volunteer Opportunities: Volunteers are needed as Exhibit Assistants – interpreting areas such as our Tropical Butterfly House, Saltwater Tidepool, and Virtual Keeper exhibits. During the summer assistance is needed with Summer Camp programs.

Minimum Age: 14

Minimum Commitment: For Exhibit Volunteers – 50 hours/year
 For Summer Camp Volunteers – 20-40 hours the week of program

Other Notes: Volunteers will be provided with relevant training and background information during the 4.5 hour orientation.

Contact: Volunteer Office
Address: 200 Second Ave N
 Seattle, WA 98109
Phone: 206-443-2868
FAX: 206-443-3631
Email: volunteers@pacsci.org
Web: www.pacsci.org

Business Hours: Every day, 10AM-5PM

Volunteer Positions

Arts & Museums

Youth Theatre Northwest

Youth Theater Northwest nurtures the intellectual and personal development of children and youth through drama education, performing opportunities, and the theater experience.

Volunteer Opportunities: Volunteers are needed to assist with office work, data entry, teaching, stage work, computer work, marketing, and fundraising.

Minimum Age: 12

Minimum Commitment: Varies

Contact: Office Manager
Site Address: 8805 SE 40th St
 Mercer Island, WA 98040
Mailing Address: PO Box 296
 Mercer Island, WA 98040
Phone: 206-232-4145
FAX: 206-232-0402
Email: registr@youththeatre.org
Web: www.youththeatre.org
Business Hours: Mon-Fri, 9AM-5:30PM

Village Theatre

Based in Issaquah, Village Theatre is a leading producer of musical theatre in the Pacific Northwest. Village Theatre KIDSTAGE is a year-round performing arts training program in Issaquah, Everett, and Standwood for young people ages 3-20.

Volunteer Opportunities: Volunteers are needed to assist with mailings, collateral distribution, and KIDSTAGE classrooms, including organizing art supplies, labeling, and greeting students as they arrive. Assistance is also needed backstage and during productions, including running lights and sound, helping with costume changes and sewing, props, set changes, building of sets and props.

Minimum Age: 13

Minimum Commitment: Flexible

Contact: Suzie Bixler/Nancy Dolliver
Site Address: 303 Front Street North
 Issaquah, WA 98027
Phone: 425-392-1942
FAX: 425-391-3242
Email: None
Web: www.villagetheatre.org
Business Hours: Mon-Fri, 9AM-5PM

Children & Families

Boys and Girls Clubs

The Boys and Girls Club is a youth serving organization providing a variety of programs, tutoring, arts and crafts, athletics, before and after school programs, camps, dances, leadership activities, and more.

Bellevue Club

Contact: Unit Director
Address: 209 100th Ave NE
 Bellevue, WA 98004
Phone: 425-454-6162
FAX: 425-637-6509
Email: None
Web: www.bgcbellevue.org/mainclub.htm

Business Hours:

Fall Mon-Fri, 9AM-8PM
Winter Mon-Sat, 9AM-9PM
 Sun, 11AM-8PM
Spring Mon-Fri, 9AM-6PM
Summer Mon-Fri, 7:30AM – 6PM

Kirkland Club

Contact: Volunteer Coordinator
Address: 10805 124th Ave NE,
 Kirkland, WA 98033
Phone: 425-827-0132
FAX: 425-822-4750
Email: None
Web: www.onepositiveplace.org

Office Hours:

Mon-Fri, 12-7:30PM
 Sat, 10AM-3:30PM

Drop-in Hours:

Mon-Fri, 2:30-7:30PM
 Sat, 10AM-3:30PM

Redmond/Sammamish Club

Contact: Teen Director
Address: 7300 208th Ave NE
 Redmond, WA 98052
Phone: 425-836-9295
FAX: 425-836-0686
Email: sjones@positiveplace.org
Web: www.mypositiveplace.org

Office Hours:

Mon-Fri, 12-7:30PM

Drop-In Hours: Mon-Fri, 2:30-7PM

Camp Fire USA

Camp Fire USA is a youth agency serving children from Pre-K through 12th grade. Camp Fire provides opportunities for youth to learn life skills, build their self-esteem, serve their communities, experience the outdoors, make friends, and have fun. Camp Fire programs are available to all people without regard to race, gender, creed, religion, national origin, sexual orientation, economic status or mental or physical disabilities.

Volunteer Opportunities: Volunteers are needed to help with local events, child care for children with various needs, summer day camps, our Youth Volunteer Corps program, answering phones, clerical work, group activities, and program delivery.

Minimum Age: 11, depending upon task

Minimum Commitment: Varies; range is from 2 hours/month to 1 day/week

Contact: Program Manager
Address: 1635 NE 87th St, Ste B8
 Redmond, WA 98052
Phone: 425-885-0477
FAX: 425-885-0201
Email: info@campfire-usa.org
Web: www.campfire-usa.org

Business Hours: By appointment or Friday 9AM-3PM

Catholic Community Services of King County

Catholic Community Services of King County (CCS) was founded by volunteers in 1918, with a primary focus on assisting with foster care and adoption following World War I. For more than half a century, CCS has provided critical human services to thousands of children, families, and elderly regardless of race, creed, or income. Under the umbrella of CCS King County, there are twenty-seven programs providing a wide spectrum of services to over 25,000 people annually.

Volunteer Opportunities: Volunteers are needed to assist with office support and community outreach efforts.

Minimum Age: 16

Minimum Commitment: 6 months

Contact: East County Office Coordinator
Site Address: 12828 Northup Way, Ste 100
 Bellevue, WA 98005
Phone: 425-284-2211
FAX: 425-284-2230
Email: lindal@ccsww.org
Web: www.ccsww.org

Business Hours: Mon-Fri, 8:30AM-4PM

Volunteer Positions

Children & Families

Children's Country Home

Children's Country Home is a loving 8-bed home providing 24-hour skilled care to medically fragile and technology-dependent children. We provide long-term residential, transitional and respite and end-of-life care. We are dedicated to enhancing the quality of life for the children by making the home a loving, enriching, family-centered environment. Our goal is to help each child live, grow and thrive - physically, intellectually, emotionally, socially and spiritually.

Volunteer Opportunities: The Resident Support Volunteer works one on one with medically fragile and disabled children to provide comfort and companionship. Interaction is aimed at decreasing isolation and increasing stimulation. Examples of duties include visiting, reading, sensory stimulation, telling stories, massage, art therapy, music therapy, puppetry.

Minimum Age: 16

Minimum Commitment: Preferably one hour/week for three months, but flexible.

Other Notes: Some may find this position too difficult emotionally. Seeing kids hooked up to machines and some in comas can be overwhelming. But it is a great opportunity to be exposed to disabilities and help another who is otherwise totally dependent.

Contact: Volunteer Coordinator
Site Address: 14643 NE 166th St
 Woodinville, WA 98072
Phone: 425-806-9453 ex 302
Fax: 425-485-1527
Email: Carla@countryhome.org
Web: www.childrencountryhome.org

Business Hours: Mon-Fri., 8AM-5PM

Eastside Baby Corner

Eastside Baby Corner collects, sorts, and distributes everything that children use from birth to age twelve. They give items to families in need through Service Care Providers.

Volunteer Opportunities: Volunteers are needed to sort clothing items, prepare clothing bags, and restock shelves.

Minimum Age: 14

Minimum Commitment: Varies

Contact: Volunteer Coordinator
Site Address: 1510 Maple St
 Issaquah, WA 98027
Phone: 425-865-0234
FAX: 425-865-9935
Email: babycorn@gte.net
Web: www.babycorner.org

Office Hours: Vary
Warehouse Hours: Mon, 7AM-8:30PM
 Thurs, 9-11AM
 Sat, 9AM-12PM

Friends of Youth

Friends of Youth offers a continuum of care, prevention, counseling, shelter, and housing services for young people and their families in King and Snohomish Counties in Washington State.

Volunteer Opportunities: Volunteers are needed to assist with office work, food and clothing drives, and after school tutoring at the Neighborhood School House in Redmond.

Minimum Age: 13

Minimum Commitment: Flexible

Contact: Volunteer Coordinator
Mailing Address: 16225 NE 87th St, Ste A-6
 Redmond, WA 98052
Phone: 425-869-6490 ex 309
FAX: 425-869-6666
Email: jami@friendsofyouth.org
Web: www.friendsofyouth.org

Business Hours: Mon-Fri, 8:30AM-5PM

Volunteer Positions

Children & Families

Issaquah Parks and Recreation – Community Center

Issaquah Parks and Recreation provides programs, services, and facilities for the citizens of the Issaquah community. This includes aquatics, cultural arts, health and fitness, sports, special populations, preschool, and outdoor recreation.

Volunteer Opportunities: Volunteers are needed to help monitor the computer lab, make posters, assist with special events, and other miscellaneous projects around the Community Center.

Minimum Age: 11

Minimum Time Commitment: Varies

Contact: Cathy Jones
Site Address: 301 Rainer Blvd S
 Issaquah, WA 98027
Mailing Address: PO Box 1307
 Issaquah, WA 98027
Phone: 425-837-3317
FAX: 425-837-3309
Email: cathyj@ci.issaquah.wa.us
Web: www.ci.issaquah.wa.us

Community Center Hours: Mon-Thurs, 7AM-10PM
 Fri, 7AM-8:30PM
 Sat, 9AM-4PM

Youth Center Hours: Mon-Fri, 2-6PM

Kinderling Center

The Kinderling Center is committed to creating and providing superior, individualized, family-centered services for children who are disabled, medically fragile, or vulnerable because of abuse or neglect.

Volunteer Opportunities: Volunteers are needed to assist with arts and crafts, child care, classroom activities, landscaping, language interpretation, library duties, office duties, and special events.

Minimum Age: 16

Minimum Commitment: Varies

Contact: Volunteer Coordinator
Site Address: 16120 NE 8th St
 Bellevue, WA 98008
Phone: 425-747-4004
FAX: 425-747-1069
Email: Jennifer.clark@kinderling.org
Web: www.kinderling.org

Business Hours: Vary

Mercer Island Youth and Family Services- Thrift Shop

Mercer Island Thrift Shop is a program of Mercer Island Youth and Family Services (MIYFS), which is a family and community service agency collaborating with groups and individuals to develop and deliver affordable services to the Mercer Island community. The Thrift Shop generates revenue that directly supports and sustains MIYFS programs.

Volunteer Opportunities: The Thrift Shop is almost entirely operated by volunteers of all ages. Volunteers help with sorting donations, cashiering and bagging purchases, and other tasks as needed.

Minimum Age: 13

Minimum Commitment: Varies with day of the week

Other Notes: Priority given to Mercer Island residents

Contact: Thrift Shop Coordinator
Site Address: 2048 84th Ave SE
 Mercer Island, WA 98040
Phone: 206-236-3625
FAX: 206-236-3652
Email: Suzanne.philen@mercergov.org
Web: www.mercergov.org

Shop Hours: Tues, Weds, Fri, 10AM-7PM

Volunteer Hours: Mon-Sat, 7AM-7PM

Volunteer Positions

Children & Families

Starlight Starbright Children's Foundation

Starlight Starbright Children's Foundation is a non-profit organization dedicated to brightening the lives of seriously ill children and their families through innovative programs that empower, educate, entertain, and inspire. We provide an escape from pain and suffering by offering entertainment throughout their difficult journey with illness.

Volunteer Opportunities: Volunteers are needed for Volunteer Saturdays, Teen Formal Committee, Teen Formal Event, and Hospital Happenings.

Minimum Age: 16

Minimum Commitment: Varies

Other Notes: All volunteers must register at <http://starlight.volunteernow.com> and attend a volunteer orientation.

Contact: Volunteer Coordinator
Office Address: 4536 150th Ave NE
 Redmond, WA 98052
Phone: 425-861-7827 ex 104
FAX: 425-883-9023
Email: Stacie@starlight-washington.org
Web: www.starlight-washington.org

Business Hours: Mon-Fri, 9AM-5PM

Washington Women in Need

Washington Women in Need is a privately funded, non-profit organization that provides funding for education and health care for women in need in Washington.

Volunteer Opportunities: Volunteers are needed to periodically help stuff and sort bulk mailings.

Minimum Age: 15

Minimum Commitment: 6 hours

Contact: Office Coordinator/Volunteer Coordinator
Site Address: 1849 114th Ave NE
 Bellevue, WA 98004
Phone: 425-451-8838 ex 10
FAX: 425-451-8845
Email: wwinfo@wawomeninneed.org
Web: www.wawomeninneed.org

Business Hours: Mon-Fri, 9AM-5PM

YMCA

The YMCA has a full exercise facility with swimming pools and child care programs. They are committed to building strong kids, strong families, and strong communities.

Volunteer Opportunities: Volunteers are needed as camp aides, tutors, coaches, sports officials, to assist with child care, and the aquatics program.

Minimum Age: 14

Minimum Commitment: Flexible

Eastside

Contact: Youth Development Director
Site Address: 14230 Bel-Red Rd
 Bellevue, WA 98007
Phone: 425-746-9900
FAX: 425-746-6265
Email: sbiancofori@bel.seattlemca.org
Web: www.seattlemca.org
Business Hours: Mon-Fri, 5AM-10PM
 Sat-Sun, 8AM-5PM

Northshore

Contact: Youth Development Director
Site Address: 11811 NE 195th St
 Bothell, WA 98011
Phone: 425-485-9797
FAX: 425-486-7757
Email: None
Web: www.seattlemca.org
Business Hours: Mon-Fri, 5AM-10PM
 Sat, 7AM-7PM
 Sun, 10AM-5PM

Sammamish

Contact: Youth Development Director
Site Address: 4221 228th Ave SE
 Issaquah, WA 98029
Phone: 425-391-4840
FAX: 425-391-4815
Email: misenberger@sam.seattlemca.org
Web: www.seattlemca.org
Business Hours: Mon-Fri, 6AM-9PM
 Sat-Sun, 8AM-4PM

Volunteer Positions

Children & Families

Youth Eastside Services

Youth Eastside Services provides counseling services, consultation, outreach, advocacy, community education, and training to children, adolescents, parents, school personnel, and others interested in helping youth.

Volunteer Opportunities: Volunteers are needed to work with elementary aged students in a variety of after-school programs, assist with mailings, data entry, and follow-up phoning.

Minimum Age: 14-16 depending on task

Minimum Commitment: Varies

Contact: Volunteer Program Manager

Main Office Address: 999 164th Ave NE
Bellevue, WA 98008

Other Locations: *Kirkland*
13009 NE 85th St
Kirkland, WA 98033

Redmond
16225 NE 87th St, A-2
Redmond, WA 98052

*Crossroads
Community Center*
16000 NE 10th St
Bellevue, WA 98009

Phone: 425-747-4937

FAX: 425-957-0351

Email: barbarai@youtheastsideservices.org

Web: www.youtheastsideservices.org

Business Hours: Mon-Fri, 9AM-5PM

YWCA Family Village

The YWCA serves more than 52,000 women and families annually in King and Snohomish counties with homelessness, self-sufficiency, caring for youth, and providing safe havens.

Volunteer Opportunities: Volunteers are needed to assist teachers, read to young children, work in the clothing program for low-income adults, and help sort donations.

Minimum Age: 16

Minimum Commitment: Typical range is 3 hours/month – 2 hours/week for six months

Contact: Volunteer Coordinator

Site Address: 16601 NE 80th St
Redmond, WA 98052

Phone: 425-556-1354

FAX: 425-882-1313

Email: mmcallon@ywcaworks.org

Web: www.ywcaworks.org

Business Hours: Mon-Fri, 8AM-5PM

Civic

Service Clubs and Organizations

A service club is a group of business and/or professional adults who have identified common needs within the community and support that need through community service, fundraising, awareness, etc. To volunteer with your local service club, contact your city's Chamber of Commerce to obtain an updated list of service club presidents. The following is a listing of Service Organizations on the Eastside:

Kiwanis "Serving the Children of the World"

Kiwanis Club of Bellevue – www.bellevue.kiwanis.org
 Bellevue Kiwanis Sunrisers – www.bellevuesunrise.kiwanis.org
 Kiwanis Club of Issaquah – www.issaquah.kiwanis.org
 Kiwanis Club of Issaquah Valley
 Kiwanis Club of Greater Kirkland – www.kirklandkiwanis.org
 Kirkland Kiwanis Sunrisers – www.kirklandsunrise.kiwanis.org
 Kiwanis Club of Providence Point
 Kiwanis Club of Sammamish – www.sammamish.kiwanis.org
 Kiwanis Club of East Sammamish

Lions Club "We Serve"

Lions Club of Greater Bellevue
 Lions Club of Greater Issaquah
 Lions Club of Greater Kirkland – www.geocities.com/thump0217/kirkland_lions_club.html
 Lions Club of Greater Redmond

Rotary "Encouraging the Ideal of Service as the Basis of Worthy Enterprise"

Bellevue Breakfast Rotary – www.bbrc.net
 Bellevue Rotary – www.bellevuerotary.net
 Issaquah Rotary – www.rotary5030.org/issaquah
 Kirkland Rotary – www.kirklandrotary.org
 Redmond Rotary – www.redmondrotary.org
 Redmond Rousers Rotary – www.rotary5030.org/redmondrousers
 Sammamish Rotary – www.sammamishrotary.org

Chamber of Commerce

Bellevue Chamber of Commerce

The Bellevue Chamber of Commerce fosters a healthy business environment by providing strategic leadership, advocacy, tools and resources for business success.

Office Address: 10500 NE 8th St #212
 Bellevue, WA 98004
Phone: 425-454-2464
FAX: 425-462-4660
Email: staffam@bellevuechamber.org
Web: www.bellevuechamber.org

Issaquah Chamber of Commerce

The mission of the Greater Issaquah Chamber of Commerce is to advance and promote business by providing a forum to address critical issues, and to unite and support our membership and community through programs, events and services.

Office Address: 155 NE Gilman Blvd
 Issaquah, WA 98072
Phone: 425-392-7024
FAX: 425-392-8101
Email: info@issaquahchamber.org
Web: www.issaquahchamber.org

Kirkland Chamber of Commerce

The mission of the Kirkland Chamber of Commerce is to promote economic vitality. The Chamber endeavors through its programs, to seek broad involvement of business and community interests. It provides the leadership necessary for a favorable business climate, forges public-private partnerships whenever possible, and fosters a positive community identity.

Site Address: 401 Parkplace, #102
 Kirkland, WA 98033
Phone: 425-822-7066
FAX: None
Email: info@kirklandchamber.org
Web: www.kirklandchamber.org

Volunteer Positions

Civic

Redmond Chamber of Commerce

The Greater Redmond Chamber of Commerce exists to promote the quality, growth and development of business and community.

Office Address: 1612 NE 80th St
Redmond, WA 98052
Phone: 425-885-4014
FAX: 425-882-0996
Email: info@redmondchamber.org
Web: www.redmondchamber.org

Sammamish Chamber of Commerce

The mission of the Sammamish Chamber of Commerce is to encourage economic development and vitality through enhancement and support of business, city and community.

Office Address: 704 228th Ave NE #123
Sammamish, WA 98074
Phone: 425-681-4910
FAX: None
Email: info@sammamishchamber.org
Web: www.sammamishchamber.org

Youth Councils/Boards

Each major city on the eastside has some sort of Youth Council/ Advisory Board associated with its respective municipality. These boards/councils have helped to develop teen centers, skate parks, festivals, radio and television programs, and more. They ensure that the youth voice is heard in government decisions and policies. Keep in mind that these groups have a limited number of spaces and typically go through an application process once a year. For specific information, please see the "Unique to Teens" section.

King County Library System

The King County Library System is one of the largest circulating libraries in the United States with 43 libraries, a Traveling Library Center, a mobile TechLab and the ABC Express children's library van. KCLS circulated nearly 16 million items in 2003 and serves more than 1.1 million residents. KCLS offers a collection of more than 4.1 million items including books, periodicals, newspapers, audio and videotapes, films, CDs, DVDs and extensive online resources.

Website: www.kcls.org

Bellevue Regional Library

Site Address: 1111 110th Ave NE
Bellevue, WA 98004
Phone: 425-450-1765
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 12-8PM

Issaquah Regional Library

Site Address: 10 West Sunset Way
Issaquah, WA 98027
Phone: 425-392-5430
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1-5PM

Kingsgate Library

Site Address: 12315 NE 143rd St
Kirkland, WA 98034
Phone: 425-821-7686
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1-5PM

Kirkland Regional Library

Site Address: 308 Kirkland Ave
Kirkland, WA 98033
Phone: 425-822-2459
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1-5PM

Lake Hills Library

Site Address: 15228 Lake Hills Blvd
Bellevue, WA 98007
Phone: 425-747-3350
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 11AM-6PM
Sat, 10AM-5PM

Newport Way Library

Site Address: 1420 SE Newport Way
Bellevue, WA 98006
Phone: 425-747-2390
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1-5PM

Redmond Regional Library

Site Address: 15990 NE 85th St
Redmond, WA 98052
Phone: 425-885-1861
Business Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 12-8PM

Sammamish Regional Library

Site Address: 825 228th Ave NE
Sammamish, WA 98074
Phone: 425-836-8793
Business Hours: Mon-Sat, 10AM-6PM
Sun, 1-5PM

Volunteer Positions

Civic

Local Government

City of Bellevue

Volunteer Opportunities: Volunteers are needed to assist with a broad range of programs and activities. This includes providing information to fellow citizens, coaching sports teams, helping older adults, and protecting local environment.

Minimum Age: Varies depending upon position

Minimum Commitment: Varies depending upon position

Contact: Service First Coordinator

Site Address: Bellevue City Hall
4501 10th Ave NE
Bellevue, WA 98004

Mailing Address: PO Box 90012
Bellevue, WA 98009

Phone: 425-452-6800

FAX: None

Email: jready@ci.bellevue.wa.us

Web: www.cityofbellevue.org

Business Hours: Mon-Fri, 8AM-5PM

City of Kirkland

Volunteer Opportunities: Volunteers are needed to meet/greet visitors to City Hall, answer phones, assist in various departments, and more.

Minimum Age: 14

Minimum Commitment: Varies

Other Notes: Training provided

Contact: Volunteer Coordinator

Site Address: 123 5th Ave
Kirkland, WA 98033

Phone: 425-587-3009

FAX: 425-587-3019

Email: None

Web: www.ci.kirkland.wa.us

Business Hours: Mon-Fri, 8AM-5PM

City of Redmond

Volunteer Opportunities: Volunteers are needed to assist employees in various departments throughout the City. Tasks range from answering phones to assisting with special events.

Minimum Age: Varies

Minimum Commitment: Varies

Contact: Volunteer Coordinator

Site Address: 15670 NE 85th St
Redmond, WA 98052

Mailing Address: PO Box 97010
Redmond, WA 98073

Phone: 425-556-2101

FAX: 425-556-2110

Email: None

Web: www.redmond.gov

Business Hours: Mon-Fri, 8AM-5PM

Boards and Commissions

An important part of city government's policy-making process is its various boards and commissions. These groups advise City Councils on vital public policy matters.

Kirkland

Volunteer Opportunities: The City of Kirkland has youth-specific positions on the Park Board, Library Board, Transportation Commission, Cultural Council, and Parking Advisory Board.

Minimum Age: 15

Minimum Commitment: 2 year-term

Other Notes: Recruitment generally starts in February or as needed.

Contact: City Clerk

Site Address: 123 5th Ave
Kirkland, WA 98033

Phone: 425-587-3190

FAX: 425-587-3198

Email: kanderson@ci.kirkland.wa.us

Web: www.ci.kirkland.wa.us/depart/Boards_and_Commissions

Redmond

Volunteer Opportunities: The City of Redmond's three commissions, Arts, Parks, and Trails, appoint a Youth Advocate for a one year term.

Arts Commission

Contact: Arts Administrator

Mailing

Address: PO Box 97010
Redmond, WA 98073

Phone: 425-556-2316

FAX: None

Email: mskillingstead@redmond.gov

Web: www.redmond.gov/
boardsandcommissions

Parks Commission

Contact: Parks Commission Chair

Mailing

Address: PO Box 97010
Redmond, WA 98073

Phone: 425-556-2332
(voicemail only)

FAX: None

Email: parkboard@redmond.gov

Web: www.redmond.gov/
boardsandcommissions

Trails Commission

Contact: Parks Department

Mailing

Address: PO Box 97010
Redmond, WA 98073

Phone: 425-556-2311

FAX: None

Email: ssato@redmond.gov

Web: www.redmond.gov/
boardsandcommissions

Disabilities

Life Enrichment Options (LEO)

Life Enrichment Options (LEO) is a nonprofit organization working to foster a community that supports individuals with developmental disabilities in achieving their goals including housing, recreation, employment, and education.

Volunteer Opportunities: Volunteers are needed to assist with a variety of special events and activities throughout the year.

Minimum Age: 15

Minimum Commitment: Varies depending upon activity

Contact: President
Site Address: 301 Rainier Blvd S
 Issaquah, WA 98027
Mailing Address: PO Box 1307
 Issaquah, WA 98027
Phone: 425-392-5682
FAX: None
Email: finneganm@aol.com
Web: www.leoorganization.org
Office Hours: Vary

Little Bit Therapeutic Riding Center

Little Bit Therapeutic Riding Center provides therapy for children and adults with disabilities, utilizing the unique qualities of the horse. Little Bit is about overcoming limitations, leaving wheelchairs and fears behind, and learning to ride. The horses (as therapists) awaken touch, smell, sound, and sight, while stirring a new excitement. The achievement that comes from riding and maneuvering a one thousand pound horse is strong medicine that turns self-doubt into self-confidence.

Volunteer Opportunities: Volunteers are needed to assist in preparing horses for classes (grooming, tacking, leading, and sidewalking) and assist with general office work.

Minimum Age: 14 or 16 depending on task

Minimum Commitment: 2 hours/week

Other Notes: Training is provided

Contact: Volunteer Coordinator
Site Address: 19802 NE 148th St
 Woodinville, WA 98072
Phone: 425-882-1554
FAX: 425-883-1818
Email: volunteercoordinator@littlebit.org
Web: www.littlebit.org

Business Hours: Mon-Fri, 9AM-7:30PM

Residence East

Residents East integrates persons with disabilities into the community by providing training and residential services.

Volunteer Opportunities: Volunteers are needed to take residents to activities, serve as mentors, and provide general assistance to staff and the program managers at any of the six sites.

Minimum Age: 16

Minimum Commitment: Varies depending on task

Contact: Volunteer Coordinator
Site Address: 15935 NE 8th St, Ste B-204
 Bellevue, WA 98008
Phone: 425-641-7845
FAX: 425-641-7586
Email: resed@aol.com
Web: None

Business Hours: Mon-Fri, 9AM-5PM

SKIFORALL

The SKIFORALL Foundation is a national leader and one of the largest nonprofit organizations providing year round instruction in outdoor recreation for people with physical, developmental, and sensory disabilities. SKIFORALL's year round programming includes snowboarding, snowshoeing, cross country and downhill skiing, cycling, hiking, in-line skating, river rafting, canoeing and kayaking, day camps, water skiing, rock-climbing, camping and special events.

Volunteer Opportunities: Volunteers are needed to assist with a wide variety of sports and recreation activities, office work, and special events.

Minimum Age: 15

Minimum Commitment: Varies depending on task

Other Notes: Training provided

Contact: Program Director
Office Address: 16211 114th Ave SE #132
 Bellevue, WA 98004
Phone: 425-462-0978
FAX: 425-462-0980
Email: info@skiforall.org
Web: www.skiforall.org

Business Hours: Mon-Fri, 9AM-5PM

Environment

City of Issaquah – Resource Conservation Office

The Resource Conservation Office is your residential source to information on local environmental issues, conserving and protecting Issaquah's natural resources, and educational and volunteer opportunities.

Volunteer Opportunities: The Conservation Office has a wide variety of opportunities for volunteers. Some of the ongoing volunteer needs include assisting with water quality sampling, monitoring restoration areas along Issaquah Creek, wetland monitoring, working in the community garden, and bird monitoring.

Minimum Age: 12

Minimum Commitment: Flexible

Contact: Jennifer Kaufman
Mailing Address: PO Box 1307
 Issaquah, WA 98027
Phone: 425-837-3442
FAX: None
Email: rco@ci.issaquah.wa.us
Web: www.ci.issaquah.wa.us/rco

Business Hours: Mon-Fri, 8AM-5PM

City of Kirkland – Parks and Community Services

The Parks and Community Services Department improves and enhances the community by listening, anticipating, and responding to park and leisure needs that best serve the interests of Kirkland residents. The department has the responsibility for acquisition, renovation, development, operation, and maintenance of parks and recreation facilities, public art, and municipally-owned public grounds including trails, gateways, Teen Union Building, Kirkland Performing Arts Center, Peter Kirk Pool, Peter Kirk Community Center, North Kirkland Community Center, waterfront parks, and the Kirkland Cemetery.

Volunteer Opportunities: Volunteer projects and activities are geared toward the interest of the individual. This includes maintaining trails, park maintenance projects, construction projects, planting, weeding, and more.

Minimum Age: 12 depending upon project and availability of chaperones

Minimum Commitment: Varies depending upon project

Contact: Park Coordinator
Mailing Address: 123 5th Ave
 Kirkland, WA 98033
Site Address: 904 8th St
 Kirkland, WA 98033
Phone: 425-587-3342
FAX: 425-587-3902
Email: nosoborn@ci.kirkland.wa.us
Web: www.ci.kirkland.wa.us

Business Hours: Mon-Fri, 6:30AM-3PM

City of Redmond – Parks Department

The Redmond Parks Department is committed to protecting Redmond's natural history through a vibrant system of parks and open spaces; providing citizens of all ages wholesome recreational and cultural opportunities in a clean, safe, and accessible facilities and to preserve our quality of living environment for future generations.

Volunteer Opportunities: Volunteers are needed to assist in removing non-native plants from greenbelts, trail maintenance, and litter control. Volunteers are also needed to help with Arbor Day/Earth Day celebrations in April.

Minimum Age: 13

Minimum Commitment: Dependent upon work activity

Other Notes: Orientation and training provided as needed

Contact: Volunteer Coordinator
Site Address: 18120 NE 76th St
 Redmond, WA 98052
Mailing Address: PO Box 97010
 Redmond, WA 98073
Phone: 425-556-2322
FAX: 425-556-2373
Email: ctolonen@redmond.gov
Web: www.redmond.gov

Office Hours: Mon-Fri, 7AM-3:30PM

Friends of the Cedar River Watershed (FCRW)

The Friends of the Cedar River Watershed is dedicated to the protection and restoration of the Cedar River Watershed, an ecological preserve that is a source of drinking water to more than a million greater Seattle area residents.

Volunteer Opportunities: The Watershed Stewardship Program (WSP) engages youth and adult volunteers in hands-on restoration and education activities at the Cedar River Watershed. Past volunteer activities have included the removal of invasive plants, reforestation of decommissioned logging roads, repair of interpretive trails, and the inventory of plant species. WSP events are one-time volunteer opportunities held 8-12 times throughout the year.

Minimum Age: 15

Minimum Commitment: WSP projects are one-day volunteer opportunities. Restoration events are typically held from 9AM-2:30PM on a Saturday.

Other Notes: Our weekend office is a place full of old growth forests, salmon streams, bobcats, loons, hidden lakes, huckleberries, and more! Join us on a restoration event and learn what it's like to be a real watershed steward.

Contact: Volunteer Coordinator
Office Address: 6512 23rd Ave NW, #201
 Seattle, WA 98117
Project Site: Cedar River Watershed – North Bend
 Lower Watershed – Renton
Phone: 206-297-8141
FAX: None
Email: sarah@cedarriver.org
Web: www.cedarriver.org

Business Hours: Mon-Fri, 9AM-4:30PM

Friends of the Trail

Friends of the Trail was organized in March of 1996 to address the problem of dumping and littering of our public lands, waterways and scenic areas in Eastern King County, WA. Friends of the Trail work on these lands, removing years of accumulated trash, abandoned vehicles, and appliances to restore these areas to their original state. Their mission is to care for and enhance the environmental and scenic qualities, public safety, and recreational opportunities provided on our public lands and waterways throughout Washington State for all people, now and in the future.

Volunteer Opportunities: Volunteers are needed to assist with illegal dumpsite and litter cleanups on public lands and waterways throughout Washington State.

Minimum Age: 15

Minimum Commitment: Volunteers are asked to complete at least four hours of service in one day.

Contact: Wade and Tania Holden
Mailing Address: PO Box 1124
 North Bend, WA 98045
Phone: 425-831-5489
FAX: 425-831-5486
Email: friendsot@foxiinternet.net
Web: www.friendsofthetrail.org

Business Hours: Vary

King County Department of Natural Resources & Parks

The King County Department of Natural Resources and Parks exists to serve and enhance the quality of life for residents through partnerships, entrepreneurial initiatives, and environmentally sound stewardship of regional and rural parks, trails, natural lands, and recreational facilities.

Volunteer Opportunities: Volunteers are needed to plant trees, work in the nursery, and maintain planted sites.

Minimum Age: 16

Minimum Commitment: Varies depending on task

Contact: Volunteer Coordinator
Office Address: 201 Jackson St, Ste 600
 Seattle, WA 98104
Phone: 206-296-2990
FAX: 206-296-0192
Email: tina.miller@metrokc.gov
Web: www.metrokc.gov/parks

Business Hours: Mon-Fri, 8:30AM-4:30PM

Mountains to Sound Greenway

The Mountains to Sound Greenway is the 100-mile corridor of parks, forests and trails along Interstate 90. The mission of the Greenway Trust is to keep these natural areas healthy and improve recreational access.

Volunteer Opportunities: Volunteers are needed to help restore natural areas and build trails year round. During the fall, volunteers are needed to plant trees and shrubs along creeks to protect water quality and wildlife habitat. In the winter, volunteers are needed to replant tiny seedlings into pots at the nursery to grow more trees for future projects. In the spring and summer, volunteers help care for young trees and remove invasive plants.

Minimum Age: Varies with project, typically 14

Minimum Commitment: One 6 hour project

Other Notes: Most projects are on Saturdays from 9AM-3PM. All projects are outdoors and run rain or shine. Volunteers need to dress for the weather, bring a sack lunch and water, and provide their own transportation.

Contact: Kelly Kirkland
Office Address: 911 Western Ave, Ste 523
 Seattle, WA 98104
Phone: 206-812-0122
FAX: 206-859-6733
Email: volunteer@mtsgreenway.org
Web: www.mtsgreenway.org

Business Hours: Mon-Fri, 9AM-5PM

The Student Conservation Association

The Student Conservation Association (SCA) is the nation's leading provider of conservation service opportunities, outdoor skills, and leadership training for young women and men. Every year, thousands of high school, college, graduate students, and others join together through SCA to care for our national parks and forests, historic and cultural resources, and urban green spaces—the benefits of which extend far beyond our environment.

Volunteer Opportunities: Volunteers can participate in various environmental conservation projects. Opportunities exist in Seattle for high school students during the school year and summer. Additional programs exist throughout the Northwest region.

Minimum Age: 15

Minimum Commitment: Varies depending on project

Contact: Office Manager
Office Address: 1265 S Main St, Ste 210
 Seattle, WA 98144
Phone: 206-324-4649
FAX: 206-324-4998
Email: ymayer@thesca.org
Web: www.thesca.org

Business Hours: Mon-Fri, 8:30AM-5:30PM

Volunteers for Outdoor Washington

Volunteers of Outdoor Washington (VOW), promotes volunteer stewardship of our State's natural, recreational, and heritage resources. We are active on mountain trails, accomplishing maintenance and construction, and also in urban parks and greenbelts, working on trails and habitat restoration.

Volunteer Opportunities: Volunteers are needed to assist with removing invasive species, constructing steps, installing culverts, and more.

Minimum Age: 15

Minimum Commitment: One work party (7 hours)

Contact: Executive Director
Business Address: 8511 15th Ave NE, RM 206
 Seattle, WA 98115
Phone: 206-517-3019
FAX: None
Email: info@trailvolunteers.org
Web: www.trailvolunteers.org

Business Hours: Vary

Washington Trails Association

As the state's largest advocacy group, Washington Trails Association (WTA) preserves and promotes hiking opportunities in Washington State.

Volunteer Opportunities: Volunteers are needed to assist with trail maintenance, advocacy efforts, updating WTA website, and as photographers and writers for WTA magazine.

Minimum Age: 14

Minimum Commitment: Flexible

Contact: Volunteer Coordinator

Office Address: 2019 Third St, Ste 100
Seattle, WA 98121

Phone: 206-625-1367

FAX: 206-625-9249

Email: info@wta.org

Web: www.wta.org

Business Hours: Vary

Health

American Cancer Society

The American Cancer Society is a nationwide community-based voluntary organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

Volunteer Opportunities: Volunteers are needed to help with events, assist cancer patients, and work on administrative projects. Teen are also needed for the tobacco prevention program, SpeakOut.

Minimum Age: 14 to 18 depending on task

Minimum Commitment: Varies

Contact: Office Manager
Office Address: 728 134th St SW
 Everett, WA 98204
Phone: 425-741-8949
FAX: 425-741-9638
Email: amber.talbert@cancer.org
Web: www.cancer.org

Business Hours: Mon-Fri, 8:30AM-5PM

Evergreen Health Care

Evergreen Health Care is a community-based health care organization serving more than 400,000 people throughout the northern King and southern Snohomish counties. Services are among the most comprehensive in the region.

Opportunities: Volunteers help in many areas of the hospital, the Gift Shop, the Thrift Shop, and behind the scenes in office settings.

Minimum Age: 15

Minimum Commitment: 4 hour shift per week for six months

Contact: Volunteer Services
Office Address: 12040 NE 128th St
 Kirkland, WA 98034
Phone: 425-889-1994
FAX: 425-899-1999
Email: mllong@evergreenhealthcare.org
Web: www.evergreenhealthcare.org

Office Hours: Mon-Fri, 8AM-7PM
 Sat, 9AM-5PM

Group Health Cooperative

Group Health provides comprehensive health care through two medical centers and 30 primary care family medical centers, and five specialty medical units.

Volunteer Opportunities: Volunteers are needed to wait on customers in the gift shop, give directions to visitors, discharge patients, schedule appointments, and make reminder calls.

Minimum Age: 15

Minimum Commitment: 4 hours/week for six months

Contact: Director of Volunteer Services
Site Address: 2700 152nd Ave NE
 Redmond, WA 98052
Phone: 425-883-5335
FAX: 425-883-5612
Email: troy.c@ghc.org
Web: www.ghc.org

Business Hours: Mon-Fri, 8AM-4PM

Harborview Medical Center

Founded in 1877, Harborview Medical Center is one of the region's most comprehensive health-care facilities, providing high quality, technologically advanced care for people from all walks of life. Owned by King County and managed by the University of Washington, Harborview is the only Level 1 adult and pediatric trauma center and regional burn center serving the four state region of Washington, Alaska, Montana, and Idaho. In addition to being a "safety net" hospital, providing care to the underserved, Harborview is the hospital of choice for many privately insured patients seeking a variety of services such as neurosurgery, reconstruction and rehabilitation, and orthopedics.

Volunteer Opportunities: Volunteers are needed to help with the summer program, Teen Care club, pediatric literacy, recreational therapy, ICU patient family liaison, clerical assistance, information desk, and gift shop.

Minimum Age: 14

Minimum Commitment: 4 hours/week for six months during school year; 4 hours/week for nine months during summer

Contact: Volunteer Services
Site Address: 325 Ninth Ave, 1EH98
 Seattle, WA 98104
Mailing Address: 325 Ninth Ave
 Box 359788
 Seattle, WA 98104
Phone: 206-731-3547
FAX: 206-731-2989
Email: hmcvol@u.washington.edu
Web: www.harborview.org
Business Hours: Mon, Tues, Thurs, 8AM-5PM
 Weds, 12-5PM
 Fri, 8AM-12PM

Multiple Sclerosis Association of King County

The Multiple Sclerosis Association of King County is a non-profit agency serving people with MS and their families in King County. Services include counseling, education, home health, and exercise.

Volunteer Opportunities: Volunteers are needed to teach computer skills, do chores, yard work, and help clients in the pool.

Minimum Age: 12-16 depending upon task

Minimum Commitment: 1-2 hours/week for four weeks

Other Notes: Training Provided

Contact: Volunteer Manager
Site Address: 753 N 35th St, #208
 Seattle, WA 98103
Phone: 206-633-2606
FAX: 206-633-2920
Email: greggrob@msakc.org
Web: www.msakc.org
Business Hours: Mon-Fri, 9AM-5PM

Northwest Parkinson's Foundation

The Northwest Parkinson's Foundation provides education, advocacy and specialty care to improve the quality of life for those touched by Parkinson's in the Northwest. Out clients include patients, families, and caregivers.

Volunteer Opportunities: Volunteers are needed to assist with organizing events, administrative tasks, updating website, and database maintenance.

Minimum Age: 14

Minimum Commitment: Two weeks

Contact: Elizabeth Pelham
Site Address: 1200 Sixth Ave, Ste 2005
 Seattle, WA 98101
Mailing Address: PO Box 56
 Mercer Island, WA 98040
Phone: 877-980-7500
FAX: None
Email: elizabethp@nwpf.org
Web: www.nwpf.org
Business Hours: Mon-Fri, 8AM-5PM

Overlake Hospital

Overlake Hospital Medical Center is a 337-bed, not-for-profit regional medical center offering a full range of advanced medical services to the Puget Sound Region. Overlake is the only Level III Trauma Center in eastern Puget Sound. The hospital is distinguished for its cardiac services and its award winning surgical services. Overlake has been ranked as a top 100 heart programs in the country and is rated as a top performer in the state of Washington.

Volunteer Opportunities: Volunteers are needed to assist with patient information desks, patient transport, flower delivery, guest assistance, and gift shop.

Minimum Age: 14

Minimum Commitment: 2 hours/week for six months

Contact: Volunteer Services
Site Address: 1035 116th Ave. NE
 Bellevue, WA 98004
Phone: 425-688-5369
FAX: 425-467-3345
Email: heidi.easkins@overlakehospital.org
Web: www.overlakehospital.org
Office Hours: Mon-Fri, 9AM-5PM

Business Hours: Seven days/week, 24 hours/day

Public Health – Seattle/King County Tobacco Prevention

King County Public Health operates the largest tobacco compliance check program in the nation. Working closely with the Washington State Liquor Control Board and various local agencies, the Tobacco Compliance Check Program monitors every tobacco retailer in King County.

Volunteer Opportunities: Underage youth operatives are needed to join forces with Public Health staff to go into tobacco retail outlets and test retailers' diligence to refuse to sell tobacco to minors

Minimum Age: 15, no older than 16

Minimum Commitment: Varies

Other Notes: Training provided

Contact: Compliance Coordinator
Office Address: 999 Third Ave, #900
 Seattle, WA 98104
Phone: 206-296-7613
FAX: 206-296-0177
Email: norilyn.delaoena@metrokc.gov
Web: www.tobaccoprevention.org

Business Hours: Mon-Sat, 7AM-7PM

Puget Sound Blood Center

Puget Sound Blood Center is a volunteer supported non-profit regional resource that provides blood and tissue services, research, and education throughout Western Washington.

Volunteer Opportunities: Volunteers are needed to assist with registering blood and bone marrow donors. Volunteers are also needed to help monitor donors and serve refreshments following their blood donation. Assistance with placing reminder calls to donors and organizing school based blood drives is also needed.

Minimum Age: 14

Minimum Commitment: Varies

Contact: Volunteer Coordinator
Site Address: 1021 Ave 112th NE
 Bellevue, WA 98004
Phone: 425-462-4381
FAX: 425-462-4026
Email: joannas@psbc.org
Web: www.psbcc.org

Office Hours: Mon-Fri, 8AM-4PM
Center Hours: Mon-Thurs, 8AM-8PM
 Fri, 8AM-5PM
 Sat, 8AM-4PM

Older Adults

Emerald Heights

Emerald Heights is a retirement community on a 40-acre campus adjoining Redmond High School.

Volunteer Opportunities: Volunteers are needed to help the recreation assistants carry out events and activities with residents.

Minimum Age: 15

Minimum Commitment: Varies

Other Notes: Training provided

Contact: Director of Human Resources
Site Address: 10901 176th Circle NE
 Redmond, WA 98052
Phone: 425-556-8100
FAX: 425-556-8128
Email: davidv@emeraldheights.com
Web: www.emeraldheights.com
Office Hours: Mon-Fri, 9AM-5PM
Business Hours: Seven days a week, 24 hours/day

German Retirement Home

The German Retirement Home is a retirement community that welcomes residents of all nationalities and backgrounds. Our name is part of our history. We were originally founded by the German Ladies Society of Washington in 1925, but since 1937 we have been a non-profit corporation providing quality care to elder citizens of all nationalities.

Volunteer Opportunities: Volunteers are needed to help with various activities, visiting, and reading with residents.

Minimum Age: 15

Minimum Commitment: One hour per week

Other Notes: Training provided

Contact: Liz Lindquist
Site Address: 11853 97th Ave NE
 Kirkland, WA 98034
Phone: 425-823-0410 ex 17
FAX: 425-823-4414
Email: monika@GermanRetirementHome.org
Web: www.germanretirementhome.org
Business Hours: Seven days a week, 24 hours/day

Madison House Retirement

Madison House is a retirement community serving elderly residents in Kirkland.

Volunteer Opportunities: Volunteers are needed to visit with and assist residents. This may include game playing and reading.

Minimum Age: 14

Minimum Commitment: 1 hour/week

Other Notes: Volunteer orientation is required. Volunteers must also pass a Washington State Patrol background check.

Contact: Activities Director
Site Address: 1225 NE 128th St
 Kirkland, WA 98034
Phone: 425-821-8210
FAX: 425-821-3745
Email: jteuber@madisonhouseretirement.com
Web: www.madisonhouseretirement.com
Office Hours: Mon-Fri, 8AM-3PM
Business Hours: Seven days a week, 24 hours/day

North Bellevue Community Center

The North Bellevue Community Center works in conjunction with older adults in the community to maintain their independence health and sense of self-worth by providing outreach, referrals, recreation, continuing education, and human services.

Volunteer Opportunities: Volunteers are needed to assist with the lunch program, customer service, confirming appointments, working in the garden, and special events.

Minimum Age: 13

Minimum Commitment: Varies with task, 2-4 hours/week

Contact: Volunteer Coordinator
Site Address: 4063 148th Ave NE
 Bellevue, WA 98007
Phone: 425-452-7681
FAX: 425-882-1968
Email: dsprately@cityofbellevue.org
Business Hours: Mon-Thurs, 8AM-10PM
 Fri, 8AM-5PM

Volunteer Positions

Older Adults

Northshore and Lake Washington Adult Day Centers

The Northshore and Lake Washington Adult Day Centers offer activities and daytime care for the elderly.

Volunteer Opportunities: Volunteers are needed to assist seniors, take walks with seniors, and play games with clients. Volunteers are also needed to clear tables and serve food.

Minimum Age: 14

Minimum Commitment: 4 hours/week

Contact: Candice Whelen
Site Address: 10201 E Riverside Dr
 Bothell, WA 98011
Phone: 425-488-4821
FAX: 425-483-3001
Email: candicew@seniorservices.org
Web: www.northshoreseniorcenter.org

Business Hours: Mon-Fri, 8:30AM-4:30PM

Peter Kirk Community Center

The Peter Kirk Community Center is committed to providing opportunities for adults 50+ to create healthy and rewarding lives for themselves and others.

Volunteer Opportunities: Volunteers are needed to assist with lunches, special events, Meals on Wheels, and more.

Minimum Age: 16

Minimum Commitment: Varies

Contact: Program Assistant
Site Address: 352 Kirkland Ave
 Kirkland, WA 98033
Phone: 425-587-3360
FAX: 425-587-3367
Email: bmaxwell@ci.kirkland.wa.us
Web: www.ci.kirkland.wa.us

Business Hours: Mon-Fri, 8AM-5PM

Providence Marianwood

Providence Marianwood is a non-profit nursing facility that offers long term care, Medicare, hospice, dementia care, and respite care.

Volunteer Opportunities: Volunteers are needed to help people during mealtimes, assist during task groups, and to visit with the residents.

Minimum Age: 14 – All assignments are made based on age appropriateness

Minimum Commitment: One hour/week for three consecutive months

Contact: Volunteer Coordinator
Site Address: 3725 Providence Pt Dr SE
 Issaquah, WA 98029
Phone: 425-391-2827
FAX: 425-391-5440
Email: diane.bixler@providence.org
Web: www.providencemarianwood.org

Business Hours: Seven days a week, 8:30AM-8PM

Poverty & Homelessness

American Red Cross

The American Red Cross of King and Kitsap Counties has been helping people since 1898. Our services include Disaster Response, Community Disaster Education, Armed Forces Emergency Services, Health and Safety Training, Provision of First Aid and Disaster Preparedness Supplies, International Services, Language Bank, and Youth and Young Adult Services.

Volunteer Opportunities: Volunteers are needed to assist with all programs. Volunteers are particularly needed during the day.

Minimum Age: 14

Minimum Commitment: Varies depending upon area of interest

Other Notes: On-line application available on website

Contact: Volunteer and Community Resource Office
Site Address: 1900 25th Ave S
 Seattle, WA 98144
Mailing Address: PO Box 3097
 Seattle, WA 98114
Phone: 206-323-2345
FAX: 206-720-5391
Email: volunteers@seattlredcross.org
Web: www.seattlredcross.org
Office Hours: Vary

Hopelink

Hopelink serves homeless and low income families, children, seniors, and people with disabilities. They help families move out of crisis and into self-sufficiency. Hopelink offers a broad range of services and a holistic model that looks at all aspects of a family's life. Services range from immediate and crisis-oriented services to longer-term programs that help families get back on their feet and thrive.

Volunteer Opportunities: Volunteers are needed to assist in the food banks, child development centers, administrative office and special events.

Minimum Age: 16

Minimum Commitment: Three month commitment is requested

Contact: Volunteer Coordinator
Mailing Address: PO Box 3577
 Redmond, WA 98073
Site Addresses:
 Bellevue – 14812 Main St
 Bellevue, WA 98007
 Carnation – 31957 Commercial St
 Carnation, WA 98104
 Kirkland – 13013 NE 65th St
 Kirkland, WA 98033
 Redmond – 16225 NE 87th, Ste A-1
 Redmond, WA 98052
Phone: 425-869-6066
FAX: 425-869-6035
Email: johnnettm@hope-link.org
Web: www.hope-link.org
Office Hours: Mon-Fri, 8:30AM-5PM

Issaquah Valley Community Services

Issaquah Valley Community Services Program responds to those requiring assistance obtaining food, clothing, and related services.

Volunteer Opportunities: Volunteers are needed as food bank and clothing bank assistants.

Minimum Age: 13

Minimum Commitment: Flexible

Contact: Volunteer Coordinator
Site Address: 179 First Ave NE
 Issaquah, WA 98027
Mailing Address: PO Box 652
 Issaquah, WA 98027
Phone: 425-392-4123
FAX: 425-392-5836
Email: issaquahfood@aol.com
Web: None
Business Hours: Tues-Thurs, 10AM-1PM

Overlake Service League

The Overlake Service League (OSL) assists Bellevue residents who are in need. OSL provides: emergency assistance, family assistance, back to school clothes for kids, enrichment educational grants for youth and a partnership for independence program providing educational and living assistance to adults, holiday programs for Thanksgiving and Christmas.

Volunteer Opportunities: Volunteers are needed to assist with the thrift shop and office duties.

Minimum Age: 13

Minimum Commitment: Flexible

Contact: President
Mailing Address: PO Box 53203
 Bellevue, WA 98015
Phone: 425-451-1175
FAX: 425-451-1088
Email: osl@oz.net
Web: www.overlakeserviceleague.com

Business Hours: Mon-Fri, 8AM-5PM

Wilderness Technology Alliance (WTA)

Wilderness Technology Alliance (WTA) is a non-profit organization which obtains computers, mainly from large corporations and then makes them available to schools, students, other non-profit organizations and people of low income. We have been in operation since 1995.

Volunteer Opportunities: Volunteers will be taught how to refurbish computers and can assist with many other activities.

Other Notes: School classes can arrange to visit en mass with a teacher. Prior appointment required.

Minimum Age: 16

Minimum Commitment: 4 hours a week

Contact: Director
Site Address: 206 SW 112th St
 Seattle, WA 98146
Phone: 206-242-9505
FAX: None
Email: dcasey@wildtech.org
Web: <http://www.wildtech.org/home.htm>

Business Hours: Mon-Fri, 9:30AM – 5:30PM

Unique to Teens

Bellevue Youth Link

Bellevue Youth Link is a youth leadership program sponsored by the City of Bellevue, Parks & Community Services Department, and Bellevue Public Schools. Founded in 1990, Youth Link gives youth an active voice in the community and an opportunity to make a difference! Bellevue Youth Link consists of the Youth Link Board, the Youth Council, and around nine Action Teams. Youth Link Board advises the Bellevue City Council and City Manager on youth matters and programs and is authorized by the City to award funding for community youth projects. The Youth Council is the main organizational body of Bellevue Youth Link and meets twice a month to plan various community projects. Action Teams are smaller committees which focus on fulfilling the goals of Bellevue Youth Link, as set out by the Council.

Volunteer Opportunities: Teens can join the Bellevue Youth Link Board and Bellevue Youth Council. Teens can also help with the Outspoken Teen Newspaper, Youthlink.com web team, teen closet, teen coffeehouse project, Safe Rides program, and more.

Minimum Age: 12 for Youth Council
Varies for other projects

Minimum Commitment: Varies

Contact: Program Director
Site Address: 1001 NE 4th St
Bellevue, WA 98004
Mailing Address: PO Box 90012
Bellevue, WA 98009
Phone: 425-452-5254
FAX: 425-452-6183
Email: hstephens@ci.bellevue.wa.us
palina@ci.bellevue.wa.us
Web: www.youthlink.com
Business Hours: Mon-Fri, 9AM-6PM

Ground Zero Teen Center

The Ground Zero Teen Center provides teens a place to enjoy drop-in activities, arts & crafts, movies, field trips, youth employment classes, sports, live concerts and more! Ground Zero is open for all youths ages 13-19 to "drop-in" every weekday. There is free food on Thursday nights during "teen feed" and late-night Fridays where teens can enjoy all of the above and hoop it up in our full-sized gym! We also feature live concerts most every Friday and Saturday nights.

Volunteer Opportunities: Ground Zero has several volunteer and internship positions available including the Keystone Club community service group and the music advisory board.

Minimum Age: 13

Minimum Commitment: None

Contact: Teen Director
Site Address: 257 10th AVE NE
Bellevue, WA 98004
Phone: 206-661-3422
FAX: None
Email: sdostart@bellevue-bg-clubs.org
Web: www.bgcbellevue.org
Business Hours: Mon, 3PM-7PM
Tues, 3PM-8PM
Wed, 1PM-8PM
Thurs, 3PM-8PM
Fri, 3PM-11PM
Sat, 6PM-11PM

Issaquah Youth Advisory Board

The Issaquah Youth Advisory Board actively seeks and helps to implement the ideas and wishes of youth in the Issaquah School District through leadership and community service, as well as provide a "youth voice" to better Issaquah and the surrounding areas.

Volunteer Opportunities: Teens can become a member of the Issaquah Youth Advisory Board, serve on a committee, participate in various service projects during the year and plan community events.

Minimum Age: 11 (6th grade)

Minimum Commitment: One school year

Other Notes: Applications are due in the spring

Contact: Cathy Jones
Site Address: 301 Rainer Blvd S
Issaquah, WA 98027
Mailing Address: PO Box 1307
Issaquah, WA 98027
Phone: 425-837-3317
FAX: 425-837-3309
Email: cathyj@ci.issaquah.wa.us
Web: www.ci.issaquah.wa.us
Business Hours: Mon-Fri, 2-6PM

Volunteer Positions

Unique to Teens

Kirkland Police Explorers

Law Enforcement Exploring (Police Explorers) is Learning for Life's career education program for young men and women. The purpose of the Explorer Program is to provide experiences to help young people mature and to prepare them to become responsible and caring adults. The Kirkland Police Department currently has twelve members in its Explorer Post. The Post is very active in the Kirkland community and assists with many large scale events throughout the year. The Explorers also assist posts in other cities such as Redmond, Bothell, Issaquah, Seattle and King County with various events to include Search and Rescue operations.

Volunteer Opportunities: Teens can join the Explorer Post

Minimum Age: 14 (must have completed 8th grade)

Minimum Commitment: One year

Contact: Cpl Daniel Willson
Address: Kirkland Police Department
 123 5th AVE
 Kirkland, WA 98033
Phone: 425-587-3400
FAX: 425-587-3410
Email: dwillson@ci.kirkland.wa.us
Web: www.learning-for-life.org/exploring
Business Hours: Vary. Monthly meetings are held the second and fourth Thursday of the month.

Kirkland Teen Union Building

The Kirkland Teen Union Building (KTUB) is a recreation, resource, and arts center built by young people for young people. KTUB boasts a youth-run café and store, concert and theatre venue, photography darkroom, music recording studio, technology lab and art studio.

Volunteer Opportunities: KTUB offers a variety of service learning and volunteer opportunities that take place at the KTUB and throughout the region. Through our Concert Volunteer Program, you can volunteer to work the door, make posters, and help run the show. The KTUB leadership group meets every Wednesday at 2PM and organizes a variety of ongoing projects.

Minimum Age: 13

Minimum Commitment: Varies

Contact: Director
Site Address: 348 Kirkland Ave
 Kirkland, WA 98033
Phone: 425-822-3088
FAX: 425-822-6910
Email: cindy@friendsof youth.org
Web: www.ktub.org
Business Hours: Tues & Thurs, 3-9PM
 Weds, 1-9PM
 Fri, 3-11PM
 Sat, 4-11PM

Kirkland Youth Council

The Kirkland Youth Council provides a vital link between the youth of Kirkland, the greater community, and the government. This alliance promotes mutual respect, ensures that the voice of youth is heard, and creates and encourages opportunities for youth to give back to the community.

Volunteer Opportunities: Teens can become a Youth Council member, assist with the television program, We've Got Issues, assist with service projects, and with other special events.

Minimum Age: 12 (Must be in 7th grade)

Minimum Commitment: For Youth Council members – 1 year
 Flexible for all other opportunities

Other Notes: Youth Council applications are due at the end of September.

Contact: Youth Services Coordinator
Site Address: 505 Market St, Ste A
 Kirkland, WA 98033
Phone: 425-587-3323
FAX: 425-587-3303
Email: kyc@ci.kirkland.wa.us
Web: www.ci.kirkland.wa.us
Business Hours: Mon-Fri, 8AM-5PM

Volunteer Positions

Unique to Teens

Old Firehouse Teen Center

The Old Firehouse Teen Center provides progressive and innovative recreational, educational, and personal support programs and services for Redmond youth ages 13-19. The Old Firehouse offers, music, art, video and photography classes, community dinners, field trips, movie nights, and much more. The Firehouse also provides a venue for Eastside youth bands to play and be heard at all-ages show every Friday night.

Volunteer Opportunities: The Old Firehouse Teen Center is always looking for members of the community who are eager to lend a helping hand. Whether you are looking for something to put on your college application, clear up your record, or just accumulate good karma, there are always volunteer opportunities available. Teens often choose to donate their time at our Friday night concerts by helping prepare and clean up after the shows in exchange for free admittance. Other examples include teaching art workshops, creating and distributing flyers, minor construction and repair, cleaning and organizing, answering phones, and gardening. We are happy to work with you to come up with a fun and rewarding volunteer experience based on your skills and interest.

Minimum Age: 13

Minimum Time Commitment: 4 hours

Contact: Program Coordinator
Site Address: 16519 NE 79th St
 Redmond, WA 98052
Phone: 425-556-2370
Fax: None
Email: ccullen@redmond.gov
Web: www.redmond.gov

Business Hours: Wed-Thurs, 3-9PM
 Fri, 7-11PM
 Sat, 3-11PM

Redmond Police Department – Explorer Program

The Redmond Police Explorer Post is a volunteer organization for youth ages 14-21 who are interested in Law Enforcement. Explorers receive training in all aspects of Law Enforcement including 911 Call Response, Crime Scene Investigation, and Hostage Negotiation.

Volunteer Opportunities: Teens can join the Explorer Post.

Minimum Age: 14

Minimum Commitment: One year

Contact: Officer Beard
Site Address: Redmond Police Department
 8701 160th Ave NE
 Redmond, WA 98052
Phone: 425-556-2659
FAX: None
Email: jbeard@redmond.gov
Web: www.redmond.gov

Business Hours: N/A

Redmond Youth Partnership Advisory Committee

The Redmond Youth Partnership Advisory Council (RYPAC), under the City of Redmond, is the voice for young people and promotes a community where youth are valued and involved by providing opportunities for youth to develop leadership abilities and interest in volunteerism through participation in the creation and delivery of projects within the community. Community service hours are given for participation in a variety of projects and involvement.

Volunteer Opportunities: Teens can become members of the advisory committee and assist with various projects.

Minimum Age: 13

Minimum Commitment: Varies

Contact: Teen Program Director
Office Address: 16600 NE 80th St
 Redmond, WA 98052
Mailing Address: PO Box 97010
 Redmond, WA 98073
Phone: 425-556-2358
FAX: 425-556-2363
Email: rypac@redmond.gov
Web: www.redmond.gov

Business Hours: Vary

Volunteer Positions

Unique to Teens

Sammamish Youth Board

The Sammamish Youth Board unites youth, adults and government to form a relationship that promotes equality and mutual respect as well as to create integral activities that lead to a stronger community.

Volunteer Opportunities: Teens can join the Sammamish Youth Board.

Minimum Age: Teens entering 8th grade in the fall

Minimum Commitment: One year

Contact: Coordinator
Site Address: 801 228th Ave SE
 Sammamish, WA 98075
Phone: 425-295-0500
FAX: 425-295-0600
Email: lhandlos@ci.sammamish.wa.us
Web: www.ci.sammamish.wa.us
Business Hours: Mon-Fri, 8:30AM-5PM

Vera Project

The Vera Project fuels personal and community transformation through the vehicles of all-ages music shows produced in partnership with young people in Seattle. The Vera Project produces dynamic music shows and related arts programs and skill-building workshops. VP provides mentoring and participatory learning opportunities. Working in cooperation with public and private sector partners, Vera blends the expertise of some of Seattle's most experienced music and arts producers with the ambition, talent, and resourcefulness of Vera Project participants.

Volunteer Opportunities: Volunteers are needed to assist with weekend shows. This includes security, front door monitoring, stage managing and clean up. Teens can also become Vera project members. These individuals are actively involved with producing shows, conferences, meetings, and other projects. Members have voting rights regarding programming, sponsorship proposals, and Board of Directors' seats. Vera Members also get free access to almost all shows and 50% off all fee-based workshops, programs, and rentals.

Minimum Age: 14

Minimum Commitment: None

Other Notes: All teens interested in volunteering must fill out an application and attend an orientation.

Contact: Volunteer Coordinator
Office Address: 766 Thomas St
 Seattle, WA 98109
Mailing Address: 1122 E Pike St, #849
 Seattle, WA 98122
Phone: 206-956-8372
FAX: 206-374-8372
Email: volunteer@theveraproject.org
Web: www.theveraproject.org
Office Hours: Vary

Youth Volunteer Corps

The Youth Volunteer Corps (YVC) provides youth 11-18 the opportunity to make a difference in the community through team-based service learning projects throughout the school year and summer. YVC projects are free and open to anyone in King County. There is even a Youth Advisory Board teens can join.

Volunteer Opportunities: YVC offers a wide variety of service projects throughout the greater Seattle area. Past projects include painting murals, tutoring, helping at teen theater productions, and serving at food banks.

Minimum Age: 11

Minimum Commitment: Varies depending upon project

Contact: Program Director
Office Address: 8511 15th Ave NE
 Seattle, WA 98115
Phone: 206-461-8550 ex230
FAX: 206-525-3351
Email: yvc@campfire-usa.org
Web: www.campfire-usa.org
Business Hours: Mon-Fri, 9AM-5PM

Violence Prevention

Bellevue Neighborhood Mediation Program

The Bellevue Neighborhood Mediation Program is designed to strengthen relationships between people and to make Bellevue a better place to live. The program offers dispute resolution for neighbors, work groups, parents and teens, and code compliance issues.

Volunteer Opportunities: Teens are needed as volunteer mediators.

Minimum Age: No age requirement

Minimum Commitment: One year

Other Notes: Recruitment for the Mediation Program takes place every year, March-May. Mediators receive 40 hours of training from working with other experienced mediators.

Contact: Mediation Manager
Office Address: 450 110th Ave NE
 Bellevue, WA 98004
Phone: 425-452-4091
FAX: 425-452-5247
Email: akidde@ci.bellevue.wa.us
Web: www.ci.bellevue.wa.us

Business Hours: Mon-Fri, 9AM-5PM

Eastside Domestic Violence Program

In addition to a crisis line, Eastside Domestic Violence Program (EDVP) operates two confidential shelters, offers additional safe housing in the community, runs support groups for women and children, provides extensive community education and trainings, and advocates on behalf of victims.

Volunteer Opportunities: Volunteers are needed as advocates for children and to assist with support groups for young children. Assistance is also needed with office work or delivering brochures.

Minimum Age: 16

Minimum Commitment: 2 ½ hours per week for six months. 1 ½ hours for children's programs.

Other Notes: 50 hour training is required to work directly with our women and children.

Contact: Volunteer Coordinator
Mailing Address: PO Box 6398
 Bellevue, WA 98008
Phone: 425-562-8840
FAX: 425-639-0752
Email: email@edvp.org
Web: www.edvp.org

Business Hours: Vary

Volunteer Outreach in Communities Everywhere (VOICE)

VOICE is a program of the Mercer Island Youth and Family Services. The program focuses on getting youth involved in the community in new and thoughtful ways. Students are encouraged to learn about their communities, make a difference in their lives or others, and accumulate volunteer experience for college resumes.

Volunteer Opportunities: VOICE coordinates hundreds of volunteer opportunities throughout King County. Volunteers can choose from a wide variety of volunteer activities that match their interests.

Minimum Age: 13

Minimum Commitment: Varies with project

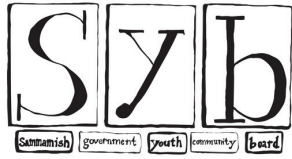
Other Notes: Priority given to Mercer Island residents

Contact: Youth Development Coordinator
Office Address: 2040 84th Ave SE
 Mercer Island, WA 98040
Phone: 206-236-7293
FAX: 206-236-3632
Email: tracy.brazg@mercergov.org
Web: www.mercergov.org/voice

Business Hours: Vary

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kirkland youth council

